



Hong Fook Mental Health Association Volunteer Opportunities



Updated on April 14, 2007

Volunteer Position	Month	Nature of Participation	Skills and Interest Required	Time Commitment	Support
Booth Display Presenter	April 28 & 29	<ul style="list-style-type: none"> - Introduce HF programs and services 	<ul style="list-style-type: none"> - Pleasant and enjoy talking to people. - Familiarize with HF programs and services. 	Will be briefed for the task	Staff and volunteers
HF Open House	Tue, May 8 and Thu, May 10	<ul style="list-style-type: none"> - Greet guest and service provider to the area - Introduce HF at the Volunteer Development Display Booth 	<ul style="list-style-type: none"> - Friendly and approachable - Good presentation skill - Familiarize with mental health concept - Familiarize with HF services - Target language an asset 	Event basis on that day from 3:00 pm - 7:00pm	Staff and Volunteer
Case Aide Volunteer	By assignment/ on-going	<ul style="list-style-type: none"> - Escort consumers for their appointment. - Befriend with a client in making life challenges. 	<ul style="list-style-type: none"> - A good listener - Able to support clients - Bilingual in English and our target language - Understand the impact of mental illness to the clients and be ready to support them to live a quality life. 	Day time weekdays	Staff and volunteers
HF Gala Silent Auction	May, June 9 (Sat) Several evenings	<ul style="list-style-type: none"> - Assist in preparation for auction - Gala night assistants 	<ul style="list-style-type: none"> - Have a good sense of decoration and gift-wrapping. - Look after silent auction booth on gala night. 	May and June, Some daytime or evenings help	Staff and Grace Lung (Volunteer leader)
HF "Walk for Wellness" Health Promotion Event	Saturday July 7, 2007 at L' Amoreaux Park (Birchmont and McNicoll)	<ul style="list-style-type: none"> - Assist in the mental health promotion event - Assist in the Walk in the Park - Assist in BBQ 	<ul style="list-style-type: none"> - 1/ Assist in stage presentation of speeches. - 2/ Assist in the Walk in the Park as a fundraising walk. - 3/ Organize BBQ for participants. 	Planning starts in March and implementation in July 2007.	Staff and volunteers

Please talk to Jo Chiu regarding the volunteer opportunities at 416-493-4242 ext 2262 or email at jchiu@hongfook.ca