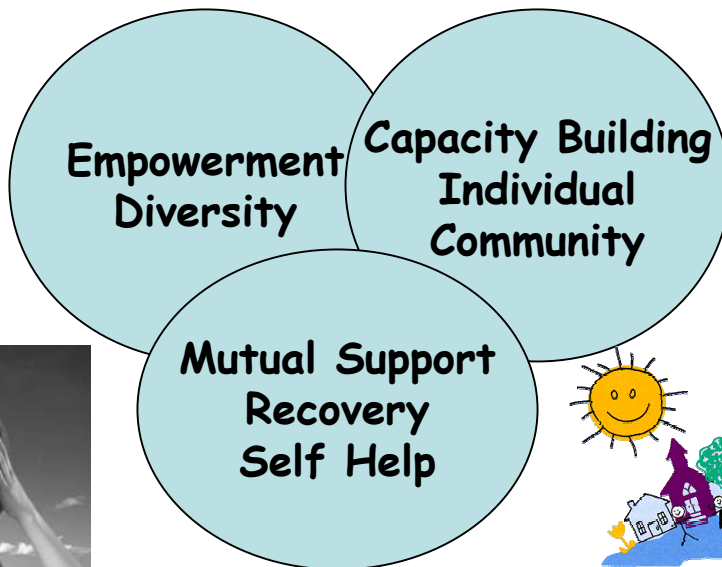


Want to be a Volunteer?



Who: 16 years old or above with passion in promoting mental health

Where: Hong Fook Mental Health Association

Benefits as volunteer:

- Learn more about mental health
- Identify stressors in life
- Find your own strengths
- Meet new friends
- Enrich your life experiences

To find out more about volunteering, please contact Ms Jo Chiu, Volunteer Coordinator for an orientation session.

Tel. 416-493-4242 ext. 2262 Email : jchiu@hongfook.ca

HF website: www.hongfook.ca

Office: 1065 McNicoll Avenue, Scarborough, M1W 3W6